



# MELLADO DANCE ELITE

## PREPAREDNESS PLAN

UPDATED DECEMBER 1ST, 2020

***PLEASE read so you know what to expect upon your arrival.***

At Mellado Dance Elite, the safety of students, families, and staff is of top priority. Outlined below are procedures for the safe reopening and operation of the studio. Please contact the MDE office with any questions or concerns.

*We greatly appreciate your cooperation and support ~ THANK YOU!*

### **DROP-OFF / PICK-UP PROCEDURES:**

- Look for new signage inside and outside the studio. Signage is available in multiple languages.
- Dancers are to be dropped off no earlier than 5 minutes before scheduled class start time.
- Dancers are required to enter/exit using their assigned studio door.
- Dancers are to be picked up promptly at the end of class. Using their assigned studio door.
- Class times are staggered to reduce congestion and allow time for cleaning between classes.
- Dancers should use the washroom BEFORE coming to class when possible.
- All dancers/ teachers and staff are required to have a health check when they arrive to the studio.
- All dancers/ teachers and staff are required to have their temperatures taken and hands sanitized upon arrival and dismissal.
- Dancers must have their hands free of their belongings, and ready to have their hands properly sanitized.
- Hand sanitizing stations are available throughout the studio. Sanitizer is also available in each dance room and dancers will have hands sanitized throughout their class.
- *MDE studio lobby will be CLOSED to reduce traffic in/out of the building and reduce our overall headcount. If possible, please wait for your dancer in your car or in the area outside/surrounding the studio.*
- *Parents waiting for their dancers in the areas around the studio are asked to wear a mask.*
- Please only enter the studio when absolutely necessary, and be sure to use the social distancing floor markers.
- If requiring assistance from the MDE office, only one person is to enter the office at one time. If possible, please use phone or email communications.

- If anyone requires entry into the studio to speak with the office in person, to submit payments etc please be sure to fill out our guest book with your contact information.
- We kindly ask that parents/families/dancers do not gather in the parking lot or in the areas surrounding the studio. Please remember to maintain your social distance when you are picking/dropping off your dancer.
- ***Please stay at home if your dancer or anyone at home is sick. Remain at home until everyone is symptom free and/ or after 14 days of quarantining.***

## **INSIDE THE STUDIO:**

- Look for & follow new signage inside the studio ~ floor markings to help keep social distance, floor arrows to communicate walking traffic flow, and entrance and exit door signage.
- Sanitization will take place between each class/change of dancers. This includes cleaning ballet barres, mats, equipment, stereo, and door handles/washrooms.
- MDE is practising elevated cleaning and sanitizing protocols that meet or exceed public health guidelines. Full Sanitization will take place using Vital Oxide Disinfectant. ALL surfaces including the studio floors, walls, mirrors, washrooms, lobby, changing rooms will be completely sanitized using an industrial Vital Oxide Cobalt Fogger, and will be done regularly.
- *Dancers will no longer be able to socialize or gather at the studio.* While understanding this is an important part of our dancers' lives, MDE requires full cooperation from everyone in order for the studio to remain open safely.
- Windows will be left open in the studios, and the garage bay doors will be opened (weather permitting) to increase fresh air flow. Air fans will be turned off while classes are in session as per Fraser Health recommendations.
- Each studio is equipped with it's own HVAC unit. This means that air does not circulate between the studios. Each HVAC unit has 2 of the highest quality air filters which are currently being swapped out every 3 months.
- Please limit food consumption while inside the studio. Anyone who needs to have a quick snack, for those who have many classes back to back are now required to consume their snack in the designated snack square (In the lobby). Hands need to be washed before and after eating.
- The MDE kitchen is CLOSED. Shared use of the fridge or microwave is not currently available.
- Please ensure all garbage is properly disposed of (paper towel, kleenex etc).
- The water fountain is CLOSED. There will be no refilling or sharing of water bottles. Clearly label your water bottle.
- **Face masks are now required for ALL DANCERS** .This includes common areas outside the building, during health checks, putting belongings away, hallways, and bathrooms. **Masks are mandatory in class for all dancers no exceptions,**

## **DANCE CLASSES:**

- Dancers should use the washroom before arriving at the studio when possible.
- Dancers should arrive dressed and ready for class.
- Dancers should wear one outfit to class, and only have a small dance bag for shoes. Please do not bring large bags or personal items to the studio.
- Change rooms are closed. There is a place to store outside shoes/jackets in the lobby area.
- Each studio has their own designated coat/shoe rack. These are sprayed between each class with Vital Oxide.
- We have scheduled dancers are to stay in the same room as much as possible when taking multiple classes.
- Dancers must maintain social distance at all times. Studio floors have clear markings to communicate each dancer's assigned dance area, and where to line up.
- Currently classes will have a technique focus. Until the situation improves, choreography will be set to keep a minimum 6 feet social distance from dancers. Choreography taught early in the year will not have set spacing/formations. Spacing will be set later in the year following guidelines in place at that time.
- We will now be limiting any movements that may cause heavy breathing, such as cardio focused movements such as running, burpies, jumping jacks etc.
- Shared equipment such as props, mats, yoga blocks, and bands are restricted.
- MDE Staff will wear masks at all times.
- MDE Staff must complete a health check, which includes taking their temperature and submitting a daily health checklist online.
- Frequent hand washing is important from everyone visiting the studio. Hand washing signage is also posted in all washroom areas.
- **Face masks are now required for ALL DANCERS in ALL AREAS.** This includes common areas outside the building, during health checks, putting belongings away, hallways, and bathrooms. **Masks are mandatory in class for all dancers (all ages)**