



DRESS CODE HANDOUT

Welcome new and returning families to our 24th year at Mellado Dance Elite!

Having a dress code is an essential part of dance classes at Mellado Dance Elite. Each discipline has a specific shoe and attire that must be worn during each dance class. A dress code allows instructors to correct the dancer's development of technique, placement and posture during class. Proper attire allows the dancers to feel like they are a part of a team and feel comfortable while dancing.

All hair must be pulled back off the dancer's face. A ballet bun is required for ballet classes; a slicked back ponytail is acceptable for all other dance styles, and for Preschool classes.

PLEASE NOTE: ALL DANCERS MUST HAVE THE PROPER DANCE FOOTWEAR – if unsure on what to purchase, please speak with your dancer's instructor or MDE office staff for clarification.

We recommend purchasing your dancewear at **The Dance Box**. There are 2 locations, and this is a proper dancewear store closest to the studio.

THE DANCE BOX, Coquitlam
435D North Road, Caribou Centre (by Lougheed Mall)
604-936-7615

THE DANCE BOX, Langley
114-20226 Fraser Hwy, ME Plaza
604-530-7615

Any further questions please email, call or stop by the office during office hours.

Mellado Dance Elite Team
info@melladodanceelite.ca
(604) 942-1070

PRESCHOOL

BALLET

Shoes:

Pink leather ballet slippers
(eg Capezio Kids Lily Ballet in 'Ballet Pink')

Attire:

Bodysuit, any colour or style
Ballet Tights (eg Mondor, Capezio in 'light/ballet pink')

Optional: Pull-on Skirt or Tutu

HIP HOP/JAZZ

Shoes:

please check with instructor before purchasing

Clean, indoor runners, and/or
Black jazz shoes, with or without laces
(eg Capezio E-Series Jazz Oxford-Black)

Attire:

Bodysuit, or tank top/t-shirt & shorts, jazz pants or capris.

Clothing should fit snugly to body. No jeans or restricting clothing.

MUSICAL THEATRE/STAGE

Shoes:

please check with instructor before purchasing

Barefeet or Black jazz shoes, with or without laces
(eg Capezio E-Series Jazz Oxford-Black)

Attire:

Bodysuit, or tank top/t-shirt & shorts, jazz pants or capris.

Clothing should fit snugly to body. No jeans or restricting clothing.

TAP

Shoes:

Black patent tap shoe, tie or buckle
(eg Capezio - Jr. Tyette Tap Shoe - Black)

**dancer should wear tights or thin socks for comfort*

Attire:

Bodysuit, or tank top/t-shirt & shorts, jazz pants or capris.

Clothing should fit snugly to body. No jeans or restricting clothing.

PRE-PRIMARY & PRIMARY

ACRO

Shoes:

No Shoes; Barefoot Only

Attire:

Bodysuit, or tank top/t-shirt & shorts, jazz pants or capris.

Clothing should fit snugly to body. No jeans or restricting clothing.

BALLET

Shoes:

Pink leather ballet slippers
(eg Capezio Kids Lily Ballet in 'Ballet Pink')

Attire:

Bodysuit, any colour or style
Ballet Tights (eg Mondor, Capezio in 'light/ballet pink')
Optional: Pull-on Skirt or Tutu

HIP HOP

Shoes:

Clean, indoor runners

Attire:

Non-restrictive clothing ~ tank top, t-shirt, sweatpants, leggings, shorts, etc.

More loose-fitting clothing is the best ~ No jeans!

JAZZ

Shoes:

Black jazz shoes, with or without laces
(eg Capezio E-Series Jazz Oxford-Black)

Attire:

Bodysuit, or tank top/t-shirt & shorts, jazz pants or capris.

Clothing should fit snugly to body. No jeans or restricting clothing.

MUSICAL THEATRE/STAGE

Shoes:

please check with instructor before purchasing

Barefeet or Black jazz shoes, with or without laces
(eg Capezio E-Series Jazz Oxford-Black)

Attire:

Bodysuit, or tank top/t-shirt & shorts, jazz pants or capris.

Clothing should fit snugly to body. No jeans or restricting clothing.

TAP

Shoes:

Black patent tap shoe, tie or buckle
(eg Capezio – Jr. Tyette Tap Shoe – Black)
**dancer should wear tights or thin socks for comfort*

Attire:

Bodysuit, or tank top/t-shirt & shorts, jazz pants or capris.

Clothing should fit snugly to body. No jeans or restricting clothing.

NOVICE

ACRO

Shoes:

No Shoes; Barefoot Only

Attire:

Bodysuit, or tank top/t-shirt & shorts, jazz pants or capris.
Clothing should fit snugly to body. No jeans or restricting clothing.

BALLET

Shoes:

Pink leather split-sole ballet slippers
(eg Capezio Kids Lily Ballet in 'Ballet Pink')

Attire:

Bodysuit, any colour or style
Ballet Tights *(eg Mondor, Capezio in 'light/ballet pink')*
Optional: Pull-on or Wrap Skirt

HIP HOP

Shoes:

Clean, indoor runners

Attire:

Non-restrictive clothing ~ tank top, t-shirt, sweatpants, leggings, shorts, etc.
More loose-fitting clothing is the best ~ No jeans!

JAZZ

Shoes:

Black jazz shoes, with or without laces
(eg Capezio E-Series Jazz Oxford-Black)

Attire:

Bodysuit, or tank top/t-shirt & shorts, jazz pants or capris.
Clothing should fit snugly to body. No jeans or restricting clothing.

MUSICAL THEATRE/STAGE

Shoes:

please check with instructor before purchasing

Barefeet or Black Jazz shoes, with or without laces
(eg Capezio E-Series Jazz Oxford-Black)

Attire:

Bodysuit, or tank top/t-shirt & shorts, jazz pants or capris.
Clothing should fit snugly to body. No jeans or restricting clothing.

TAP

Shoes:

Black Mary Jane Shoe
(eg Capezio – Mary Jane Tap Shoe – Black)
**dancer should wear tights or thin socks for comfort*

Attire:

Bodysuit, or tank top/t-shirt & shorts, jazz pants or capris.
Clothing should fit snugly to body. No jeans or restricting clothing.

PRE-JUNIOR & JUNIOR

ACRO

Shoes:

No Shoes; Barefoot Only

Attire:

Bodysuit, or tank top/t-shirt & shorts, jazz pants or capris.
Clothing should fit snugly & not be restrictive. No jeans!

BALLET

Shoes:

Pink leather split-sole ballet slippers

**Competitive Dancers ~ Capezio Hanami Canvas Split-sole Slippers, Light Pink*

Attire:

Bodysuit, any colour or style
Ballet Tights (eg Mondor, Capezio in 'light/ballet pink')

CONTEMPORARY / LYRICAL

Shoes:

please check with instructor before purchasing

Barefeet, Foot Undeez or Hanami Pirouette Shoe
Nude colour

Attire:

Bodysuit, or tank top/t-shirt & shorts, jazz pants or capris.
Clothing should fit snugly & not be restrictive. No jeans!

HIP HOP

Shoes:

Clean, indoor runners

Attire:

Non-restrictive clothing ~ tank top, t-shirt, sweatpants, leggings, shorts, etc.
More loose-fitting clothing is the best ~ No jeans!

JAZZ

Shoes:

Black jazz shoes, with or without laces
(eg Capezio E-Series Jazz Oxford-Black)

Attire:

Bodysuit, or tank top/t-shirt & shorts, jazz pants or capris.
Clothing should fit snugly & not be restrictive. No jeans!

MUSICAL THEATRE/STAGE

Shoes:

please check with instructor before purchasing

Barefeet or Black Jazz shoes, with or without laces
(eg Capezio E-Series Jazz Oxford-Black)

Attire:

Bodysuit, or tank top/t-shirt & shorts, jazz pants/capris.
Clothing should fit snugly & not be restrictive. No jeans!

TAP

Shoes:

Black Mary Jane Shoe
(eg Capezio – Mary Jane Tap Shoe – Black)
**dancer should wear tights or thin socks for comfort*

***Competitive Dancers** ~ Black Jazz Oxford Style Tap
Shoe (eg Capezio Premiere)

Attire:

Tank top/t-shirt & shorts, jazz pants or capris.
*Clothing should fit snugly to body. No jeans or
restricting clothing.*



OPEN/TEEN & INTERMEDIATE/SENIOR

ACRO

Shoes:

No Shoes; Barefoot Only

Attire:

Tank top/t-shirt & shorts, jazz pants or capris.
Clothing should fit snugly to body. No jeans or restricting clothing.

BALLET

Shoes:

Capezio Hanami Canvas Ballet Slippers, Light Pink

Attire:

Bodysuit, Tank Style, Black
Ballet Tights (eg Mondor, Capezio in 'light/ballet pink')

CONTEMPORARY / LYRICAL

Shoes:

please check with instructor before purchasing

Barefeet, Foot Undeez or Hanami Pirouette Shoe
Nude colour

Attire:

Tank top/t-shirt & shorts, jazz pants or capris.
Clothing should fit snugly to body. No jeans or restricting clothing.

HIP HOP

Shoes:

Clean, indoor runners

Attire:

Non-restrictive clothing ~ tank top, t-shirt, sweatpants, leggings, shorts, etc.
More loose-fitting clothing is the best ~ No jeans!

JAZZ

Shoes:

please check with instructor before purchasing

Black Jazz Shoe, Nude Foot Undeez or Barefeet

Attire:

Tank top/t-shirt & shorts, jazz pants or capris.
Clothing should fit snugly to body. No jeans or restricting clothing.

MUSICAL THEATRE/STAGE

Shoes:

please check with instructor before purchasing

Black Jazz Shoe, Nude Foot Undeez or Barefeet

Attire:

Tank top/t-shirt & shorts, jazz pants/capris.
Clothing should fit snugly to body. No jeans or restricting clothing.

TAP

Shoes:

Black Jazz Oxford Style Tap Shoe
(eg Capezio Premiere)

Attire:

Tank top/t-shirt & shorts, jazz pants or capris.
Clothing should fit snugly to body. No jeans or restricting clothing.

CECCHETTI EXAM BALLET

Shoes:

Capezio Hanami Canvas Ballet Slippers, Light Pink

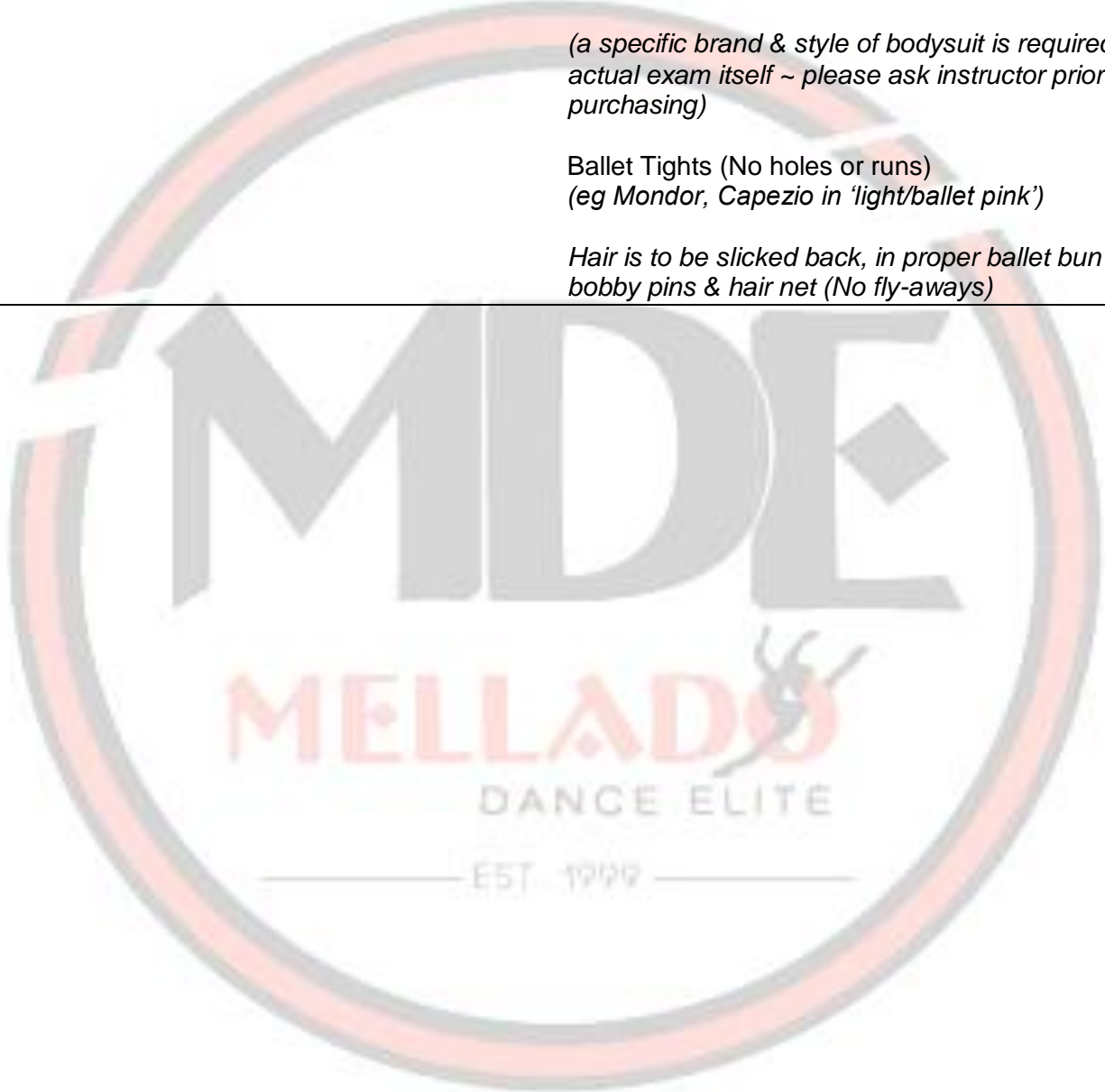
Attire:

Exam Leotard, Wide Strap Tank Style, Black

(a specific brand & style of bodysuit is required for the actual exam itself ~ please ask instructor prior to purchasing)

Ballet Tights (No holes or runs)
(eg Mondor, Capezio in 'light/ballet pink')

Hair is to be slicked back, in proper ballet bun with bobby pins & hair net (No fly-aways)



BOYS

ACRO

Shoes:

No Shoes; Barefoot Only

Attire:

Tank top/t-shirt & shorts, jazz pants or capris.
Clothing should fit snugly to body. No jeans or restricting clothing.

BALLET

Shoes:

Black Leather Ballet Slippers

Attire:

Tight, Stretchy Pants & Form-Fitting Top

CONTEMPORARY / LYRICAL

Shoes:

please check with instructor before purchasing

Barefeet or Foot Undeez
Nude colour

Attire:

Shorts or tight Pants & Form-Fitting Top
No jeans or restricting clothing.

HIP HOP

Shoes:

Clean, indoor runners

Attire:

Non-restrictive clothing ~ t-shirt, sweatpants, shorts
More loose-fitting clothing is the best ~ No jeans!

JAZZ

Shoes:

please check with instructor before purchasing

Black Jazz Shoe, Nude Foot Undeez or Barefeet

Attire:

Shorts or tight Pants & Form-Fitting Top
No jeans or restricting clothing.

MUSICAL THEATRE/STAGE

Shoes:

please check with instructor before purchasing

Black Jazz Shoe, Nude Foot Undeez or Barefeet

Attire:

Shorts or tight Pants & Form-Fitting Top
No jeans or restricting clothing.

TAP

Shoes:

Preschool – Novice: Black Junior Tyette Tap Shoe
Pre-Junior & Up: Black Jazz Oxford Style Tap Shoe
(eg Capezio Premiere)

Attire:

Shorts or tight Pants & Form-Fitting Top
No jeans or restricting clothing.
